

Make Space

When you get ready to start a new project, you tend to neglect the things you have for the things you want. Often this involves a lot of daydreaming, wishing and yearning. Sometimes this causes the complete abandonment of one goal in pursuit of another and then another and then another.

Reexamine how you are living your life. You may determine you're good to go and wouldn't change a thing, or you may uncover a clue to greater success. Either way look. Otherwise you may never know.

Renegotiate contracts that no longer work for you.

People's expectations change over time. There's nothing wrong with that, it exemplifies flexibility. So does collaborating to review the terms of any long standing agreements you have in place.

What contracts or agreements do you need to renegotiate more favorably?

☐ Repair things that are broken.

Spend time cleaning up the little annoyances of your life. Organize an out of control junk drawer, fix the squeaky door or a leaky faucet. This also applies to relationships. Even with all the social media tools available, everyone has a friendship that’s been neglected. Forgive, forget or apologize and send them a thoughtful card.

Things to Repair	By When?
1. _____	1. ____/____/____
2. _____	2. ____/____/____
3. _____	3. ____/____/____
4. _____	4. ____/____/____
5. _____	5. ____/____/____

☐ Rejuvenate your mind.

Get to the place that energizes you and just be there and enjoy it, even if it’s only in your mind for twenty minutes or so.

Where do you go to rejuvenate?	When can you get there next?
_____ _____ _____ _____	_____/____/____

☐ Renew your desires.

Decide on the things you want to keep in your life and physically or metaphorically dust them off. Put them on a different shelf so they stand out. Make them appear new so you can appreciate them again.

List 3-5 things you need to rotate to the front
1. _____
2. _____
3. _____
4. _____
5. _____

☐ Reapply yourself.

Did you fail at something recently? Does that mean you should quit? No. Take a different approach. Show your grit and try again.

What will you try again?	What will you do different?	By When?
_____	_____	_____ / _____ / _____
_____	_____	_____ / _____ / _____
_____	_____	_____ / _____ / _____
_____	_____	_____ / _____ / _____
_____	_____	_____ / _____ / _____
_____	_____	_____ / _____ / _____

SUMMER LEADERSHIP FITNESS PROGRAM



**Now that you've made room for something new,
I would like you to consider your leadership.**

Are you leading the best way you can ...
at work,
at home,
anywhere?

**Do you have a specific leadership goal or challenge you want to meet
before the end of the year?**

Karl Bimshas Consulting makes sure your direct reports never have to work for a lousy leader and we are offering a special ***Leadership Fitness Program*** for busy professionals who don't want their leadership to get flabby over the summer.



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