

After Action Review for 2016

What was your objective this year? (What did you set out to do?)	What happened? (Facts only.)		
What worked? Why?	What do you need to do more of? Why?		
What didn't work? Why?	What do you need to change about your approach or goals going forward? Why?		
Who needs to be recognized far aiding you in your progress?	What are you most proud of this year?		
What do you regret doing?	What do you regret not doing?		

As of today, how satisfied are you in the following areas of your life?

	Very Dissatisfied	Dissatisfied	Ambivalent	Satisfied	Very Satisfied
Career					
Contribution					
Education					
Finances					
Health					
Recreation					
Relationships					
Personal					

TRIPLE C

Cease	Commence	Continue
What are one or two of the biggest things you know you have to stop doing if you want to increase your effectiveness?	What new habits, attitudes, or actions do you need to adopt and demonstrate that are most likely to boost your effectiveness?	What are your "winning ways" and how will you ensure you keep doing them despite any distractions?

ACTION PLAN

Goal	How Much	By When	Next Action

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BEFORE JANUARY 7, 2015