

## Make Space Worksheet

*Where to start before you start*

When you start a new project you tend to neglect the things you have for the things you want. Often this involves a lot of daydreaming, wishing, and yearning. Sometimes this causes the complete abandonment of one goal in pursuit of another and then another and then another.

Reexamine how you are living your life. You may determine you're good to go and wouldn't change a thing, or you may uncover a clue to greater success. Either way, look. Otherwise, you may never know.

### ☐ Renegotiate contracts that no longer work for you

People's expectations change over time. There's nothing wrong with that, it exemplifies flexibility. So does collaborating to review the terms of any long-standing agreements you have in place. What contracts or agreements could you renegotiate more favorably?

Current contracts or agreements	Desired outcome	By when?
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

### ☐ Repair things that are broken

Spend time cleaning up the little annoyances of your life. Organize an out of control junk drawer, fix the squeaky door or a leaky faucet. This also applies to relationships. Even with all the social media tools available, everyone has a friendship that's been neglected. Forgive, forget or apologize and send them a thoughtful card.

Things to repair	What will you do?	By when?
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

### ☐ Rejuvenate your mind

Go to the place that energizes you and just be there and enjoy it, even if it's only in your mind for twenty minutes.

Where do you go to rejuvenate?	Why?	When can you get there next?

### ☐ Renew your desires

Decide on the things you want to keep in your life and physically or metaphorically dust them off. Put them on a different shelf so they stand out. Make them appear new so you can appreciate them again.

List several things you need to rotate to the front

### ☐ Reapply yourself

Did you fail at something recently? Does that mean you should quit? No. Take a different approach. Show your grit and try again.

What will you try again?	What will you do different?	By when?
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____