

SELF-MANAGEMENT SATISFACTION SURVEY

How Satisfied are you with ...	Very Dissatisfied	Dissatisfied	Neither	Satisfied	Very Satisfied
Your vision?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your mission statement?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your current alignment with your values?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The frequency you use your strengths?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your ability to design and use an action plan?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your documented code of conduct or set of rules you follow?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How you organize your time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How you decide what is urgent, important, both, or neither?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How you create and meet deadlines?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The degree to which you grow your confidence?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The support you receive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your work schedule?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The quality and frequency of your breaks?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your workspace environment?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How you physically and emotionally feel at the end of your day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your management of your stress while completing tasks?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The level of expectations you've established for yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The number of vacation and sick days you allow yourself to take?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your ability to limit distractions during your work hours?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your incentives, rewards, and celebration of accomplishments?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe the attributes of your ideal boss:

Which of these attributes do you currently possess?

IMPROVEMENT PLAN

Highest Levels of Satisfaction	What can you do to maintain or grow this?	By When?	Resources
1. _____	_____ _____	_____	_____ _____ _____

2. _____	_____ _____	_____	_____ _____ _____
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3. _____	_____ _____	_____	_____ _____ _____
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4. _____	_____ _____	_____	_____ _____ _____
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Lowest Levels of Satisfaction	What can you do to maintain or grow this?	By When?	Resources
1. _____	_____ _____	_____	_____ _____ _____

2. _____	_____ _____	_____	_____ _____ _____
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3. _____	_____ _____	_____	_____ _____ _____
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4. _____	_____ _____	_____	_____ _____ _____
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