

Your 90-Day Review

Review the last 90 days of your life. You could also incorporate this with your team's quarterly performance review.

You set some big goals; how are they going? Do you need to adjust them? Don't go smaller. Reach higher.

What have you learned about yourself?

You met new people. Did anyone positively influence your life, your goals, your success? Have you appreciated them?

What actions, decisions, and communications do you need to complete to feel good about yourself?

Where have you spent your time and money? These give a hint as to what you value. Knowing that, will anything change?

How have you celebrated your successes and near successes?

What have you tolerated that you swore you would stop putting up with? What fear have you conquered, challenge overcome, talent strengthened?

What do you want to do, have, or be in the next 90 days?

What commitments have you made but not yet kept? What promises have you delivered?

Overall, how satisfied are you with your progress over the last 90 days?